

# The Shopping List

*Everything the evening needs, on one page. Tick as you go.*

## The one thing you actually need

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- ☐ One wide-mouth pint mason jar
- ☐ Slips of paper and pens (or print the jar slips)

*Everything below this line is optional. The jar is not.*

## The green spread — peas, beans and pecorino

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- ☐ Frozen peas (2 cups)
- ☐ Tinned white beans (1 cup, rinsed)
- ☐ One onion
- ☐ Ricotta, robiola, or soft goat cheese (½ cup)
- ☐ A wedge of pecorino
- ☐ A baguette or country loaf
- ☐ Olive oil, salt, pepper

## Carrot fries

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- ☐ Whole carrots (1 lb) — whole, not pre-cut coins; you want length
- ☐ Cajun or Creole seasoning (or smoked paprika and cayenne)
- ☐ Nutritional yeast — sounds odd, tastes savoury, don't skip it

## Viva la Vida

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- ☐ Watermelon (about 6 cups, cubed)
- ☐ Limes (2)
- ☐ Fresh mint
- ☐ Honey or agave, only if the melon needs it
- ☐ Blanco tequila or mezcal — optional, poured by the glass

## The lake cabin lunch

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- ☐ Brown paper lunch bags, one per person
- ☐ Sandwich makings — pimento cheese, egg salad, ham and butter
- ☐ Glass bottles of soda
- ☐ A bag of chips

*No plates. That is the point.*

## Or buy the whole thing

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- ☐ A bag of pea crisps (snack aisle)
- ☐ A bag of fresh-cut carrot sticks (produce)

*A bowl of each is still, unarguably, peas and carrots.*

*Serve the peas and carrots first, then read Chapter Eleven aloud. It lands differently once there is a bowl of them on the table.*